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*Newsletter: March 2024*

*Congratulations ....*

**BIDDY ENCOURAGEMENT PLATE (BEP)**

Awarded by accumulation of points over three sessions.



Overall winners were:

First: Thea McCallum and Rod Shellshear

Second: Dorothy Rosewell and Jenny Walmsley

Third: Lyn and Don Paton, who deserve special congratulations for playing so well  
and being comparatively new to the game.

Winners will have their names engraved on the Plate.

## *Congratulations ....*

WAMBERAL CUP PLAYED THURSDAY FEB 22ND



Where did that name come from? Before we had our own premises, the CCBC played at two venues - one north at The Entrance High School and the south venue was a building that was owned by the PMG in Gosford. When that became unavailable, the southern venue was moved to the Wamberal Surf Life Saving Club, where it remained until our Club building was purchased by that forward-thinking Committee and we were re-united here.

This year's winners are:

First: Berenice Air and Colin Kleinig

Second: Rod Shellshear and Peter Cloughessy

Equal third: Marilyn Scott and Sue Davis & Norm Berger and Steve Calcroft.

## *Congratulations ....*

MARCH PAIRS PLAYED 14TH MARCH, YESTERDAY MORNING

First: Matt Raj Mal and Brian Richardson

Second: Alison Heathcote and Sue Davis

Third: Berenice Air and Colin Kleinig

## *Congratulations ....*

Matt Raj Mal & Brian Richardson from CCBC who walked away with

First place in one of the

Walk-In Pairs at Queensland's Congress in February.



A sample of Queensland Bridge talent (you don't have to be over 50 to play bridge).



The Congress was held over one week,  
There were more than 2000 players and 8000 tables played.



## The Gold Coast Congress

*There's still time to support YOUR OWN CLUB!  
Our Congress (Pairs and Teams) will be held at the  
Diggers 23rd and 24th March and is open to  
Novice, Restricted and Open players. The venue is  
classy and comfortable and we encourage you to sign  
up for a memorable weekend of cards and company  
and generous prize money!*



### *Congratulations to February Graduates*

**Carol Paton** has achieved Graduate Rank.

**Lucy d'Ambrosio** has been promoted to Bronze Local

**Louise Lewis** has reached Silver Local



Graham Williamson snaffled 4th prize  
in the Rotary Raffle - if you're looking for a swish night out, you might offer to help  
him enjoy his winnings.

## *Bridge Wit and Wisdom with John*

**BEGINNERS' LESSONS STARTED FEB 20TH**

If you have a friend or know of someone who is keen to learn - let them know that there will be new series of lessons starting soon.

**INTERMEDIATE LESSONS: WEDNESDAYS AT 9.30AM**

20th March

Reverse Bids

**ADVANCED LESSONS: FRIDAYS AT 10.30AM**

22nd March

Discards

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There are many reasons for our club members to play with us...the Pavlova Princess is one of them. Anzac bikkie Mary and PP Lyn both spoil us with naughty delights - here's Lyn with one of her many recent offerings.

## *FRANK STEWART: TIPS FOR NEW PLAYERS*

COURTESY: Gold Coast Congress Daily Bulletin 16th Feb. 2024

**To test your basic bidding, try this quiz.**

1. You hold: SJ76 HA5 D76 CKJT853. Your partner opens 1NT (15 - 17 HCP). What is your call?
2. You hold SQ5 H754 DAT632 CK53. Your partner opens 1S, you respond 1NT and he bids 2H. What is your call?
3. You hold: S74 HAQ DA10764 CAQ76. You open 1D, partner responds 1S you bid 2C and partner returns to 2D You try 2NT, and he bids 3D. What is your call?
4. You hold : SAQ54 H4 DAQ762 CKT5. You open 1D. partner responds 1H you bid 1S and he rebids 2H. What is your call?
5. You hold: SAQ52 HJ63 D63 C8532. Your partner opens 1[. What is your call?
6. You hold: SAJ63 HK4 D53 CAQ43. Your partner opens 1H. What is your call?
7. You hold: S764 HT742 DAKJ4 CAT4. You open 1D, and your partner responds 1H. RHO overcalls 1S. What is your call?

## ANSWERS:

1. **Bid 3NT.** Rarely, 3NT will fail when a club contract would have been better, but the nine-trick game is more likely to make. To play at notrump might be essential at matchpoint scoring .
2. **Take a “false preference”** To pass might work if opener has a minimum with 5-5 in the majors, but if he has 5-4, to play at the 5-2 fit will usually be better. Moreover, you have a decent hand, so give partner another chance if he has extra strength. **FALSE PREFERENCE** occurs when partner has bid two suits, and Responder chooses to play in the first bid suit even though he may have more cards in the second bid suit.
3. **Pass.** You tried for game, partner rejected. Respect a signoff.
4. **Pass.** Partner has long hearts but a poor hand. You have no game, and his hand may be worthless unless hearts are trumps. Don't fight a misfit.
5. **Raise to 2H.** You suggest a trump suit and limit your strength promptly. A 1S response would do neither. To raise would still be correct with SAJ432 HQ52 D65 C543.
6. **Bid 2** You have the ammunition for several bids, so bid your long suit first. With SAJ64 HK4 D53 CQT543, to respond 1S would be correct; locating a fit in the other major would be a priority.
7. **Bid 2** (Your hand is a minimum, but you can't suppress a fit for partner's suit. In some situations, a “free bid” may suggest a sound hand, but a “free raise” has no such implication.  
**FREE BID** occurs when partner has bid, and your RHO has overcalled. Now you know your partner will get another chance to bid, so you do not have to bid. A Free Bid in a suit by you will either show a better than minimum suit, OR extra values.  
**FREE RAISE** occurs when you make a non-jump raise to the 3 level. This is usually considered to be invitational, unless the partnership has agreed to the contrary.

*About the owner of the FAT ORANGE pencil....*



"It was not in my 16 kg plus pack when I walked the iconic and spectacular world heritage Overland Track and Pine Valley in Tasmania....totally self sufficient (no orange bridge pencil support, Ed.) for 8 days. I have done many long distant journeys but this time with 3 generations of us, it was beyond special....."



.....And now, back to the orange pencil and different challenges."  
Leonie (at Large) Grimshaw is back from the track and busy at bridge.



*Coming Soon:*

**Selangor Plate: Wednesday, 20th March starting at 1pm.**

This handsome trophy was first awarded in 1983 and comprises 3 pieces:  
the Selangor picture plus the plate which lists the first seventeen winners plus a  
plaque listing Trophy winners since 2000.

This is a RED POINT (minimum 5 tables) Event and is open to everyone.





**Club Mixed Pairs: Wednesday 27th March, starting 9.30am**

Full day RED POINT (minimum 5 tables) Event, open to all, includes lunch.

**CCBC Country Teams: Wednesday 3rd April starting 9.30am**

Full day Event, open to all, includes lunch, refreshments, drinks and nibbles after

**April Pairs: Friday 5th April, starting at 1.00pm**

And join us for drinks and nibbles afterwards.

**Club Novice Pairs: Thursdays 18th and 25th April, starting at 1.30pm**

Restricted to under 100mps

**ANZAC Day Pairs: Thursday 25th April starting at 9.30am**

Open to all: bring a plate of something topical: like Vegemite or Anzac bikkies



**HERE'S SOME VERY GOOD NEWS!**  
**FREE BEGINNER BRIDGE LESSONS**  
**FOR AGES 14-24**

This is your chance to introduce the family (everyone!) to your game with the help of some of Bridge's Best Brains in the Business.

The ABF with Paul Marston and Nevena Djurovic are presenting this special online **Introduction to Bridge** course in May this year. It will consist of **4 lessons and 4 practice sessions** of about one hour and will not be repeated. Absolutely free!

The goal is to create a community of young bridge players who will play in regular duplicates together. To achieve this goal there'll need to be a good number of students for the course.

Registrations will open in April and the link to register will be on the ABF website by the end of March. If you have someone in mind (how about your grandchildren or great grandies?) please tell them where to find the link or pass it on to them. They'll find interesting additional information and have the chance to grab a seat as soon as bookings open.

Why should kids learn bridge? **Teamwork:** you always have a partner so the game teaches you how to work together and it's a great way to make new friends. **Cognitive Skills:** since many of the cards are hidden, bridge is a strategic game which helps develop young players' reasoning, logic and critical thinking skills.

**Competition and Travel:** Bridge students can go on to participate in Youth Bridge competitions locally, regionally and internationally, with many trips partially or fully-funded!

Such events teach sportsmanship, how to be both good winners and good losers. They provide kids with opportunities to travel and see the world.

**Why should they learn with Paul and Nevena?** They can handle numbers. More than 2,000 adult students graduated from their courses between June 2020 and June 2023, with greater than 95% retention. True, they were adults and kids maybe a different challenge. The course is very hands on and they follow the first four chapters in Paul's books "Introduction to Bridge". These chapters focus on the basic conversation of bidding: when to open a suit, how to look first for a fit (ideally in a major) then decide about game. This is the essential thinking of a bridge player. Once you understand this, you have reached first base.

The opening bid of INT, overcalls and doubles can come later. Card play topics are what to lead, the importance of drawing trumps, honour from the short hand and promoting winners.

*Paul Marston*



***AND .....MORE GOOD NEWS!***

***Special Discounts for our Club***

***at Running Repairs next door (02) 4332 1191***

# **RUNNING REPAIRS**

PHYSIOTHERAPY + PODIATRY



## **Physiotherapist Bryce Singleton B. Pthy (Hons) MAPA**

Bryce Singleton, a Newcastle University honours graduate, is our highly skilled physiotherapist at Running Repairs. Specialising in musculoskeletal injuries, he excels in crafting personalised treatment plans to help clients achieve their health and fitness goals.

A representative AFL player in the WAFL, Bryce's deep understanding of sports-related injuries enhances his therapeutic approach.

Bryce's unique blend of professional expertise and personal athletic experience makes him a trusted and relatable physiotherapist. Dealing with pain, injury or looking at improving your strength or overall performance? Bryce is your man.

## **Podiatrist Sam Lewis B.Pod MA.Pod.A**

A post-grad of the University of Newcastle and a qualified running coach, Sam is a skilled podiatrist with a firm belief that well-informed patients achieve better outcomes. A friendly and approachable clinician, Sam's unique blend of expertise and personality allows him to create a comfortable and effective treatment space.

Sam understands the importance of optimal foot health in both athletic performance and in everyday life. With an acute knowledge of the biomechanical function of the foot, Sam is able to formulate individual treatment plans to assist patients with pain relief and management of foot issues.

Whether you're after regular nail and foot care or planning your next marathon, Sam is there to help.



*Our Dietitian says: It's important to include leafy green vegies with every meal.....*

Most salad greens contain essential dietary nutrients, such as vitamins, minerals, and even water. They also provide fibre which is beneficial in many areas, including cardiovascular and gastro-intestinal health.



Until next month, then - happy bridging - it's going to be an exciting year.



The Moving Finger writes:

*LEARN BRIDGE AND HAVE FUN WITH THE BRAIN GAME.*